

Growth Mindset



Are these statements from a Growth Mindset or a Fixed Mindset? Choose from the answer choices and write them in the correct column.

Growth Mindset

Fixed Mindset

Answer Choices

I haven't figured it out YET

Mistakes help me learn and grow

I'm not good at this

I am not talented

I can learn anything

I just can't do this

I give up

I like to challenge myself

When I fail, I learn

This is too hard

I try new things

I'm a failure

I won't try because I might fail

I'll never be that smart

This may take some time and effort

I can do hard things